

Campeonato Nacional 2017



28-30 de Abril de 2017, Gondomar

OFFICIAL CONTEST RESULTS

Bikini Fitness Júnior Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2		Score
1	1	Renata Vieira	Butcher	1994	/157,3	4	4		4
2	3	Beatriz Biscaia	Individual	2001	/158	7	7		7
3	4	Ana Pinto	Edgar Gomes	1994	/173,7	8	8		8
4	7	Raquel Rodrigues	Edgar Gomes	1998	/152,7	12	12		12
5	6	Bárbara Torres	ZM Muscle	1996	/158,9	14	14		14
6	2	Sabina Garstea	Mr. Small	1994	/156,5	18	18		18
7	9	Mariana Cardante	Individual	2000	/164,3	21			
8	5	Paula Silva	Individual	1995	/169,1	24			
9	8	Adriana Roque	Edgar Gomes	1994	/161,9	27			

Σ=9

Bikini Fitness Master Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1			Score
1	14	Liliana Oliveira	Individual	1979	/161,8	3			3
2	16	Katalink Fernandez	F Coaching	1978	/170,5	9			9
3	10	Joana Pernas	My Goal	1981	/156,8	9			9
4	15	Célia Ribeiro	Edgar Gomes	1977	/164,5	10			10
5	12	Joana Gonçalves	Individual	1980	/167,8	15			15
6	11	Denise Pinto	F Coaching	1978	/168,1	18			18
7	13	Rita Gouveia	Individual	1978	/160	21			21

Σ=7

Bikini Fitness até 160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2		Score
1	23	Renata Vieira	Butcher		/157,3	4	4		4
2	20	Yuliia Bystriukova	Individual		/152,7	5	5		5
3	30	Raquel Rodrigues	Edgar Gomes		/152,7	11	11		11
4	31	Bárbara Torres	ZM Muscle		/158,9	11	13		13
5	22	Ana Barroso	Gym Box		/158,2	15	15		15
6	28	Margarida Baptista	Edgar Gomes		/153	20	16		16
7	17	Vera Santos	F Coaching		/159	21			
8	29	Ana Calixto	MHD		/154,4	26			
9	19	Brenda Souza	Individual		/158,6	26			
10	27	Joana Pernas	My Goal		/156,8	30			
11	24	Telma Ventura	Fit Canidelo		/154	35			
12	21	Célia Araújo	Individual		/144,4	36			
13	18	Vânia Silva	Gold Muscle Team		/149,9	36			
14	26	Patrícia Silva	Individual		/155,5	37			
DNC	25	Sabina Garstea	Mr. Small		/156,5				

Σ=15

Bikini Fitness até 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	14	Liliana Oliveira	Individual	1979	/161,8	3		3
2	32	Kathy Pava	Muscle Factory		/161,1	6		6
3	37	Selma Florindo	F Coaching		/161,7	10		10
4	34	Tânia Pires	Jerónimo		/160,5	11		11
5	35	Rafaela Ribeiro	2K		/160,5	14		14
6	36	Adriana Hipólito	My Goal		/162,2	16		16
7	33	Patrícia Peixoto	FitnessXXI		/161,5	21		21
8	38	Adriana Roque	Edgar Gomes		/161,9	24		24
9	50	Joana Gonçalves	Individual		/167,8	25		25

Σ=9

Bikini Fitness mais de 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	44	Graciete Santos	Metamorfose Monster Pump		/169,9	7	5	5
2	52	Paula Barbosa	Butcher		/169	7	6	6
3	51	Marta Adão	Individual		/168	7	9	9
4	42	Ana Pinto	Edgar Gomes		/173,7	9	9	9
5	53	Maria Canha	AFD		/171,4	15	15	15
6	152	Sónia Silva	Individual		/169,1	19	17	17
7	45	Yana Bakharyeva	Gold Muscle Team		/167,5	21		
8	40	Daniela Pereira	Edgar Gomes		/167,4	24		
9	43	Ana Turíbio	Edgar Gomes		/174,3	32		
10	41	Nelma Nogueira	Individual		/166,3	33		
11	49	Vera Duarte	Individual		/166,1	33		
12	39	Lays Cardoso	Edgar Gomes		/172,5	35		
13	47	Célia Ribeiro	Edgar Gomes		/164,5	36		
14	46	Ângela Oliveira	Individual		/165,8	38		
15	48	Ana Nunes	Kangaroo Health Club		/169,6	43		
DNC	50	Joana Gonçalves	Individual		/167,8			

Σ=16

Bikini Fitness Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	14	Liliana Oliveira	Individual	1979	/	3		3
2	23	Renata Vieira	Butcher		/	6		6
3	44	Graciete Santos	Metamorfose Monster Pump		/	9		9

Σ=3

Men's Physique Júnior até 174 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	61	Pedro Conde	Butcher	1995	/171,1	3	3	3
2	59	Bruno Lourenço	ZM Muscle	1994	/168	6	6	6
3	60	Leonardo Araújo	Postiga	1993	/167,6	12	11	11
4	63	Paulo Lobo	Postiga	1997	/168,5	11	13	13
5	65	Cristiano Oliveira	Individual	1995	/170,5	15	14	14
6	64	Chedi Tanabene	Edgar Gomes	1996	/173,9	19	18	18
7	58	João Aniceto	Pit Power	1997	/165	21		
8	55	Danilo Teixeira	Pit Power	1996	/169,1	24		
9	57	Leandro Oliveira	Individual	1996	/170,6	27		
10	56	André Ribeiro	Gym Box	1994	/168,7	28		
11	62	João Costa	Individual	1994	/171,8	34		
12	54	Rafael Duarte	Individual	1993	/172	35		

Σ=12

Men's Physique Júnior mais de 174 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	71	Pedro Araújo	ZM Muscle	1994	/179,3	3	3	3
2	75	José Santos	Butcher	1994	/178,2	6	6	6
3	69	Alexandre Ferreira	Fit Canidelo	1994	/181,7	10	9	9
4	66	Ricardo Ezequiel	Postiga	1995	/175	11	12	12
5	76	Rafael Domingos	Postiga	1996	/176,3	17	15	15
6	70	João Marques	ZM Muscle	1994	/179,3	18	17	17
7	74	Jorge Afonso	2K	1996	/178,6	20		
8	72	Vitor Monteiro	Gold Muscle Team	1994	/176,7	26		
9	68	Gabriel Carvalheiro	Individual	2001	/178	27		
10	78	Carlos Miranda	Individual	2000	/183,8	28		
11	67	Ricardo Oliveira	FitnessXXI	1997	/186	32		
12	73	Ivan Pereira	Individual	1994	/193,3	36		
DNC	77	António Archer	Postiga	1993	/176,4			

Σ=13

Men's Physique Júnior Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	71	Pedro Araújo	ZM Muscle	1994	/	3		3
2	61	Pedro Conde	Butcher	1995	/	6		6

Σ=2

Men's Physique Master

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	86	Pedro Valente	Postiga	1975	/173,5	3	3	3
2	80	Ricardo Ferreira	F Coaching	1977	/172,9	7	7	7
3	85	Alessandro Fumo	F Coaching	1976	/171,7	9	9	9
4	88	Cláudio Santos	2K	1977	/176,7	13	13	13
5	84	Humberto Fernandes	Individual	1976	/166,9	15	15	15
6	81	José Figueiredo	ZM Muscle	1970	/182,8	15	15	15
7	79	Davide Costa	Individual	1975	/168,7	22		
8	82	Nuno Lima	Individual	1974	/176	23		
9	83	Dzyuman Oleksandr	ZM Muscle	1973	/177	28		
10	87	Francisco Gomes	Individual	1966	/185,2	29		

Σ=10

Men's Physique até 170 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	91	Gonçalo Estêvão	Individual		/166,7	5	5	5
2	89	José Ferreira	Gym Box		/163	7	7	7
3	110	Bruno Lourenço	ZM Muscle		/168	8	9	9
4	99	Vitor Maurício	2K		/161,9	12	13	13
5	108	Leonardo Araújo	Postiga		/167,6	14	15	15
6	93	Luís Almeida	Jerónimo		/167,7	20	18	18
7	111	Fábio Silva	Postiga		/169	20		
8	105	Fábio Ferreira	FitnessXXI		/167,6	23		
9	92	Hugo Saraiva	Muscle Factory		/167,8	25		
10	112	Hugo Carlos	FitnessXXI		/167	28		
	90	Filipe Tavares	Individual		/160			
	94	Diogo Guerra	ZM Muscle		/168,9			
	95	Pedro Moreira	Individual		/168,5			
	96	Paulo Alves	2K		/168,9			
	97	Pedro Araújo	Individual		/165,8			
	100	Miguel Encarnação	ZM Muscle		/163,8			
	101	Enrique Oliveira	Individual		/170			
	102	Augusto Costa	Individual		/163,9			
	103	Francisco Feio	FitnessXXI		/169			
	104	André Ribeiro	Gym Box		/168,7			
	106	Emanuel Oliveira	Pit Power		/169,4			
	107	Marcos Mendes	2K		/169,3			
	109	Fábio Marques	Postiga		/166,4			
	113	Tiago Gomes	Butcher		/168,4			
	114	Luís Braga	ZM Muscle		/169,7			

Σ=25

MEN'S Physique até 173 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	130	Pedro Conde	Butcher		/171,1	4	4	4
2	118	Nelson Fernandes	Individual		/172,7	8	10	10
3	126	André Cambim	MCO		/173	10	11	11
4	115	Evelino Rodrigues	Individual		/172,8	13	11	11
5	122	Tiago Tomaz	2K		/173	15	11	11
6	135	Rafael Bouça	FitnessXXI		/170,6	15	15	15
7	132	André Silva	Gym Box		/170,6	17		
8	136	Sandro Silva	Individual		/170,2	26		
9	125	Filipe Agostinho	Postiga		/172,7	29		
10	134	Ricardo Ferreira	F Coaching		/172,9	29		
11	133	David Vieira	Butcher		/171,1	30		
12	117	Matthias Bernardo	Individual		/171	34		
	116	Hugo Matos	Individual		/170,9			
	119	Rafael Duarte	Individual		/172			
	120	Tiago Lourenço	Individual		/170,3			
	121	Tiago Nepomuceno	Individual		/172,8			
	123	Alexandre Lajoso	2K		/172,2			
	124	André Figueiredo	Postiga		/171,6			
	127	Sérgio Tavares	F Coaching		/171,7			
	128	Bruno Antunes	Edgar Gomes		/172,5			
	129	Óscar Miranda	Edgar Gomes		/171,7			
	131	Márcio Dias	Veiga & Megacultus		/170,6			
	137	João Costa	Individual		/171,8			
	138	Cristiano Oliveira	Individual		/170,5			
	148	Rúben Figueiredo	Fit Canidelo		/171,6			

Σ=25

Men's Physique até 176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	145	Renato Estêvão	Individual		/175,8	5	5	5
2	149	Pedro Valente	Postiga		/173,5	9	8	8
3	146	Ricardo Ezequiel	Postiga		/175	6	9	9
4	150	Emílio Cassama	Individual		/173,6	11	11	11
5	147	João Antunes	Individual		/174,9	19	15	15
6	139	Pedro Duarte	Individual		/175,4	16	18	18
7	144	Chedi Tanabene	Edgar Gomes		/173,9	22		
8	151	Luís Ferreira	Individual		/174,9	22		
9	143	Bruno Cunha	Gym Box		/174,4	28		
10	324	Ricardo Pais	Individual		/175,9	30		
11	140	Diogo Garrudo	Muscle Factory		/173,6	33		
12	98	Mário Silva	Fit Canidelo		/175,8	36		
13	141	Tiago Rodrigues	Individual		/174,7	39		
14	142	André Silva	Gym Box		/173,8	42		

Σ=14

Men's Physique até 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	326	José Santos	Butcher		/178,2	3	3	3
2	158	João Santos	Fit Canidelo		/176,5	9	10	10
3	160	Tiago Basílio	Tino		/177,7	13	10	10
4	162	António Archer	Postiga		/176,4	11	11	11
5	164	José Pranto	Gym Box		/178,5	12	12	12
6	156	Rafael Domingos	Postiga		/176,3	16	15	15
7	157	Jorge Afonso	2K		/178,6	19		
8	159	Vitor Monteiro	Gold Muscle Team		/176,7	24		
9	325	Rúben Oliveira	2K		/176,3	28		
10	161	Diogo Sequeira	MCO		/177,3	30		
11	165	Paulo Gonçalves	MCO		/177,6	32		
12	163	Tiago Santos	Par. Trainer		/177,3	35		

Σ=12

Men's Physique até 182 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	167	Pedro Araújo	ZM Muscle		/179,3	3	3	3
2	169	David Silva	Individual		/180,2	6	6	6
3	168	Alexandre Ferreira	Fit Canidelo		/181,7	9	9	9
4	174	Diogo Cordeiro	2K		/181,3	12	12	12
5	173	João Marques	ZM Muscle		/179,3	15	15	15
6	170	Carlos Batista	Individual		/179,6	18	18	18
7	172	Iuri Martins	Gym Box		/180,4	21		
8	171	Leonel Segurado	MCO		/180,8	24		
9	166	André Rodrigues	Butcher		/181,1	27		

Σ=9

Men's Physique mais de 182 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	185	Bruno Nunes	Mr. Small		/184,1	5	5	5
2	176	Olegário Caldeirão	Postiga		/184,3	6	5	5
3	190	André Pereira	Butcher		/184	10	10	10
4	180	Rúben Silva	ZM Muscle		/182,9	14	13	13
5	179	Nuno Zambujo	Postiga		/183,6	16	13	13
6	177	Emanuel Graça	MusclePower		/185,6	17	17	17
7	184	Nuno Cerqueira	Individual		/182,8	18		
8	178	Carlos Costa	Gym Box		/184	26		
9	186	José Figueiredo	ZM Muscle		/182,8	28		
10	182	Amândio Postiga	Par. Trainer		/184,8	29		
11	183	Vicent Rodrigues	Artes Físicas		/184,4	30		
12	175	João Godinho	MCO		/182,3	39		
13	181	Marcelo Vieira	Postiga		/183,6	39		
14	189	Pedro Grilo	Edgar Gomes		/184,1	41		
15	188	Luís Rodrigues	Individual		/182,6	43		
16	187	Ricardo Oliveira	FitnessXXI		/186	45		

Σ=16

Men's Physique Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	167	Pedro Araújo	ZM Muscle		/	6		6
2	91	Gonçalo Estêvão	Individual		/	8		8
3	130	Pedro Conde	Butcher		/	10		10
4	326	José Santos	Butcher		/	11		11
5	145	Renato Estêvão	Individual		/	13		13
6	185	Bruno Nunes	Mr. Small		/	13		13

Σ=6

Muscular Physique Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2	Score
1	200	Fábio Rodrigues	2K		/173,8	5	4	4
2	205	Hélder Azevedo	2K		/182	5	5	5
3	204	Bruno Azevedo	Individual		/180,2	8	10	10
4	202	Luís Rocha	Pit Power		/171,6	12	11	11
5	209	Leandro Pedro	Postiga		/181,2	21	16	16
6	195	Luís Lança	Individual		/175,4	19	17	17
7	201	Flávio Peixoto	FitnessXXI		/179,1	23		
8	206	António Taipa	Par. Trainer		/169,8	26		
9	207	Paulo Costa	Individual		/173,6	28		
10	198	Carlos Machado	MHD		/169,8	30		
11	193	João Soares	Butcher		/177,2	32		
12	208	Fernando Araújo	Postiga		/172,6	32		
13	196	Igor Pina	Individual		/163,6	41		
14	197	Sérgio Rodrigues	Individual		/168,6	42		
15	192	Sandro Carvalho	Individual		/185,4	45		
16	191	Thomas Nhantumbo	F Coaching		/180,6	47		
17	199	Artur Carvalho	Individual		/170,9	48		
18	203	Marcos Henriques	Individual		/173,7	50		
19	194	Hélder Passinhas	Kangaroo Health Club		/183,9	57		

Σ=19

Men's Short Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2	Score
1	211	Hélder Azevedo	2K		/182	12	6	18
2	213	Evelino Rodrigues	Individual		/172,8	18	4	22
3	216	Luís Rocha	Pit Power		/171,6	27	9	36
4	215	Carlos Loureiro	ZM Muscle		/	30	11	41
5	212	Tiago Martins	Edgar Gomes		/173,5	45	15	60
DNC	210	Cláudio Santos	2K		80,6/176,7			
DNC	214	Vitor Mauricio	2K		/			

Σ=7

Wellness Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	219	Elly Ferreira	Edgar Gomes		/159	5		5
2	222	Elizane Oliveira	2K		/	6		6
3	221	Carolina Mello	ZM Muscle		/160,9	8		8
4	218	Cátia Lavos	ZM Muscle		/153,1	11		11
5	220	Sandra Costa	Metamorfose Monster Pump		/158,7	18		18
6	223	Áurea Ferreira	Metamorfose Monster Pump		/158	18		18
7	217	Sofia Baptista	PFN		/163,8	19		19

Σ=7

BodyFitness até 163 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	323	Vanessa Soares	Edgar Gomes		/153,7	4		4
2	228	Maria João Afonso	2K		/159,6	6		6
3	227	Susana Oliveira	Edgar Gomes		/162	11		11
4	231	Tânia Miller	Mr. Small		/161,9	12		12
5	230	Vera Maia	Individual		/158,8	15		15
6	225	Ana Varela	2K		/160,5	18		18
7	229	Dina Tavares	Carlos Rebolo		/151,9	18		18
8	224	Vânia Guerreiro	Kangaroo Health Club		/159,7	24		24

Σ=8

BodyFitness mais de 163 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	327	Carla Lima	Gym Box		/168,6	3		3
2	233	Ana Silva	2K		/175,3	7		7
3	237	Marlene Santos	Pit Power		/168,7	7		7
4	321	Ângela Lopes	Gym Box		/164,4	10		10
5	232	Mariana Silva	Individual		/163,1	13		13
6	234	Lícinia Costa	FitnessXXI		/164,2	18		18
7	322	Diana Gori	Artes Físicas		/163,9	21		21

Σ=7

BodyFitness Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1		Score
1	323	Vanessa Soares	Edgar Gomes		/	3		3
2	327	Carla Lima	Gym Box		/	6		6

Σ=2

Culturismo Clássico até 175 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	239	Vitor Pinheiro	Muscle Factory		73,6/171,6	4	12	7	19
2	238	Luciano Lopes	Individual		74,6/172,1	6	21	5	26
3	245	Cláudio Adam	Pit Power		71,1/170	9	27	7	34
4	241	Marco Lourenço	Edgar Gomes		69,9/169,5	11	39	13	52
5	244	Jorge Moreira	Individual		76,8/173,8	15	45	15	60
6	243	Fábio Monteiro	ZM Muscle		69,4/168,9	20	51	18	69
7	240	Vitor Couceiro	Edgar Gomes		67/168,6	22			
8	247	Luís Martins	Par. Trainer		57,5/160,9	23			
9	246	Ricardo Fernandes	FitnessXXI		64,1/168,2	24			
10	242	Tiago Martins	Edgar Gomes		75,6/173,5	30			

Σ=10

Culturismo Clássico até 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	248	Ângelo Coelho	Mr. Small		83/177	7	15	7	22
2	249	Nuno Cruz	Individual		79,4/175,5	6	18	7	25
3	255	Filipe Reis	Edgar Gomes		83,7/177,9	11	30	9	39
4	250	Bruno Santos	Pit Power		81,3/179	12	33	14	47
5	256	Tiago Montenegro	Butcher		77,8/175,1	12	45	11	56
6	253	Nelson Cruz	ZM Muscle		80,9/176,8	18	48	18	66
7	251	Paulo Simões	Individual		81,6/176,1	21			
8	252	Juan Huerva	Individual		82,9/179,3	24			
9	254	Pedro Lopes	Individual		77,9/179,1	27			

Σ=9

Culturismo Clássico mais de 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2		Score
1	258	Carlos Sousa	ZM Muscle		97,7/184	9	3		12
2	260	Tiago Jaqueta	Individual		74,4/181,3	18	7		25
3	259	Ivan Ribeiro	Edgar Gomes		82/180,7	27	8		35

Σ=3

Culturismo Clássico Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1			Score
1	239	Vitor Pinheiro	Muscle Factory		/	3			3
2	248	Ângelo Coelho	Mr. Small		/	6			6
3	258	Carlos Sousa	ZM Muscle		/	9			9

Σ=3

Culturismo Júnior Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	267	Rui Ribeiro	Butcher	1994	79/	3	9	4	13
2	269	André Ferreira	Edgar Gomes	1994	78,6/	7	18	8	26
3	262	Greoffrey Santos	Metamorfose Monster Pump	1994	92,7/	10	30	7	37
4	264	Hugo Devesa	Edgar Gomes	1993	82,2/	11	30	11	41
5	263	Marco Gomes	Individual	1994	74,5/	15	42	15	57
6	261	André Batista	Postiga	1993	71,2/	18	54	18	72
7	266	Carlos Sousa	ZM Muscle	1993	97,7/184	21			
8	265	José Teixeira	Edgar Gomes	1997	75/	24			
9	268	David Igreja	Individual	1996	67,1/	27			

Σ=9

Culturismo Master 40-49 anos

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	275	Marco Vigário	ZM Muscle	1976	71/	6	18	5	23
2	270	Cláudio Adam	Pit Power	1977	71,1/170	6	18	6	24
3	276	Vitor Pinheiro	Muscle Factory	1977	73,6/171,6	7	21	7	28
4	278	Paulo Pereira	Individual	1975	94,9/	13	39	16	55
5	277	Roberto Ponte	PFN	1959	/	14	45	15	60
6	271	José Sousa	Butcher	1971	83,5/	18	48	13	61
7	274	Carlos Figueiredo	2K		/	21			
8	272	Justeliano Teixeira	Veiga & Megacultus	1974	70,9/	23			
DNC	273	Jorge Borges	2K	1974	76,6/				
DNC	279	Emanuel Belinha	Individual	1964	/				

Σ=10

Culturismo Master mais de 50 anos

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2		Score
1	280	Roberto Ponte	PFN	1959	83,8/	9	3		12
2	281	Emanuel Belinha	Individual	1964	75,2/	18	6		24

Σ=2

Culturismo até 70 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2		Score
1	285	Marcos Pereira	FitnessXXI		69,2/	9	3		12
2	283	José Teixeira	Butcher		63,8/	18	6		24
3	286	Virgílio Santos	Jerónimo		68,1/	27	9		36
4	284	Renato Portilha	Individual		67,7/	36	12		48
DNC	282	David Igreja	Individual		67,1/				

Σ=5

Culturismo até 75 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	297	Márcio Pereira	Edgar Gomes		75/	5	15	7	22
2	296	Marco Vigário	ZM Muscle		71/	7	18	9	27
3	292	Marco Gomes	Individual		74,5/	9	27	10	37
4	287	André Batista	Postiga		71,2/	14	36	10	46
5	293	Jaime Jorge	Individual		72,6/	11	36	12	48
6	291	João Carvalho	Butcher		73,5/	20	51	18	69
7	288	Luís Duarte	Individual		73,6/	23			
8	295	Simão Lázaro	Individual		74,7/	27			
9	290	Simão Alves	MHD		74/	27			
10	294	José Ramos	Butcher		72,6/	29			
11	289	José Teixeira	Edgar Gomes		75/	31			
12	298	Justeliano Teixeira	Veiga & Megacultus		70,9/	35			

Σ=12

Culturismo até 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x3	R3	Score
1	306	Rui Ribeiro	Butcher		79/	3	9	3	12
2	299	André Ferreira	Edgar Gomes		78,6/	6	18	8	26
3	301	Nelson Ferreira	Gym Box		78,3/	9	30	9	39
4	304	José Batista	ZM Muscle		77/	12	33	11	44
5	307	Pedro Gonçalves	Edgar Gomes		79,8/	15	45	14	59
6	302	Mauro Coelho	Mr. Small		79,3/	18	54	18	72
7	303	Hugo Raposo	Individual		78,9/	21			
8	305	Bruno Rodrigues	MHD		80/	24			
9	300	Bruno Tavares	Carlos Rebolo		76,3/	27			

Σ=9

Culturismo até 85 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2		Score
1	311	Fábio Duarte	Individual		83,5/	15	5		20
2	308	Sérgio Ferreira	Kangaroo Health Club		85/	18	7		25
3	310	Ricardo Rodrigues	Butcher		82,9/	27	9		36
4	309	Hugo Devesa	Edgar Gomes		82,2/	27	11		38

Σ=4

Culturismo até 90 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2		Score
1	313	Hélio Rodrigues	Mr. Small		88,8/	9	3		12
2	312	Alfredo Silva	Edgar Gomes		89,5/	18	6		24
3	314	Fábio Martins	ZM Muscle		89,7/	27	9		36

Σ=3

Culturismo mais de 90 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x3	R2	Score
1	319	Tiago Sousa	Butcher		90,6/	9	3	12
2	318	Sérgio Areias	Veiga & Megacultus		90,9/	21	6	27
3	316	César Araújo	Pit Power		103/	36	11	47
4	315	Diogo Borges	Individual		93,9/	33	15	48
5	317	Carlos Loureiro	ZM Muscle		98,2/	42	13	55
6	320	David Lucas	Veiga & Megacultus		97,4/	48	15	63

Σ=6

Culturismo Overall

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	Score
1	319	Tiago Sousa	Butcher		/	4	4
2	306	Rui Ribeiro	Butcher		/	6	6
3	285	Marcos Pereira	FitnessXXI		/	9	9
4	313	Hélio Rodrigues	Mr. Small		/	12	12
5	311	Fábio Duarte	Individual		/	15	15
6	297	Márcio Pereira	Edgar Gomes		/	18	18

Σ=6