



**OFFICIAL CONTEST RESULTS**

**Men's Physique até 170 cm**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	1	José Ferreira	Gym Box	1990	/163,8	3	3			3
2	6	Hélder DelMonte	2K	1982	/165	8	9			9
3	9	José Silva	Individual	1978	/169	10	11			11
4	5	João Pedro Silva	FitCanidelo	2000	/164,4	11	11			11
5	8	Maurício Fernandes	Individual	1995	/169,5	15	16			16
6	4	Nelson Ferreira	FitCanidelo	1995	/165	19	17			17
7	2	Hélder Rodrigues	Individual	1997	/165,6	21				
8	7	Miguel Caldas	Individual	1992	/168,3	24				
9	3	João Cabral	FitCanidelo	1993	/162,1	27				

Σ=9

**Men's Physique até 173 cm**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	15	Rafael Bouça	Marcos Pereira & Fitness XXI	1993	/170,6	3				3
2	16	Pedro Soares	Butcher	1991	/172,5	6				6
3	11	Luís Raimundo	2K	1986	/172,5	9				9
4	17	Bruno Antunes	Edgar Gomes	1987	/172,4	12				12
5	12	Ivo Pinhal	PFN	1984	/170,5	18				18
6	14	Nuno Santos	Postiga	1982	/171	18				18
7	13	Isaac Almeida	Marcos Pereira & Fitness XXI	1999	/172	19				19

Σ=7

**Men's Physique até 176 cm**

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	26	Bruno Monteiro	Individual	1985	/174,5	3	3			3
2	19	Nelson Fernandes	Individual		/173,5	9	10			10
3	18	Tiago Pinto	FitCanidelo	1991	/175,6	9	10			10
4	29	Daniel Morais	Individual	1990	/173,5	14	11			11
5	24	Emanuel Pereira	Individual	1995	/174	11	12			12
6	20	Valter Lopes	Individual	1976	/175	19	18			18
7	28	Sílvio Maganinho	PFN	1990	/174,5	23				
8	22	Josué Lisboa	Postiga	1988	/173,8	23				
9	21	Lucas Vieira	FitCanidelo	1997	/175,5	29				
10	25	José Gonçalves	MV	1998	/173,5	29				
11	23	Alexandre Pereira	Postiga	1984	/174	32				
12	27	Luís Martins	Individual	1995	/173	35				

Σ=12

### Men's Physique até 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	33	Ludgero Leal	Individual	1986	/177,5	3	3			3
2	30	Ricardo Santos	PFN	1991	/177,5	7	8			8
3	37	Joaquim Teixeira	MHD	1991	/176,5	12	11			11
4	32	João Barreira	Individual	1979	/176,2	12	11			11
5	36	João Silva	PFN	1994	/177	12	12			12
6	31	Sandro Remigio	Individual	1994	/177	18	18			18
7	35	Michael Rodrigues	Individual	1993	/178,5	21				
8	34	Matheus Sampaio	Edgar Gomes	1997	/176	24				

Σ=8

### Men's Physique mais de 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	43	João Marques	ZM Muscle	1994	/179,3	4	4			4
2	40	Bruno Matos	PitPower	1997	/186	6	6			6
3	45	Bruno Casaldeira	Individual	1989	/182,4	8	8			8
4	39	Afonso Borges	Individual	1990	/185	18	14			14
5	41	António Boa-Fé	Postiga	1995	/189,5	12	14			14
6	42	João Carvalho	Marcos Pereira & Fitness XXI	1992	/187,2	16	17			17
7	44	Juan Gonzalez	Carlos Rebolo	1983	/180,5	19				
8	38	Marco Barbosa	FitCanidelo	1994	/183,5	24				
9	46	Eduardo Ribeiro	Individual	1992	/182	27				

Σ=9

### OVERALL Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	1	José Ferreira	Gym Box	1990	/	3				3
2	15	Rafael Bouça	Marcos Pereira & Fitness XXI	1993	/	8				8
3	33	Ludgero Leal	Individual	1986	/	9				9
4	26	Bruno Monteiro	Individual	1985	/	11				11
5	43	João Marques	ZM Muscle	1994	/	15				15

Σ=5

### Junior Men's Physique (-23 anos) até 173 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	66	João Pedro Silva	FitCanidelo	2000	/164,4	5				5
2	70	Maurício Fernandes	Individual	1995	/169,5	5				5
3	71	Nelson Ferreira	FitCanidelo	1995	/165	9				9
4	65	Hélder Rodrigues	Individual	1997	/165,6	12				12
5	69	Rui Bastos	Individual	1995	/166	17				17
6	68	Isaac Almeida	Marcos Pereira & Fitness XXI	1999	/172	18				18
7	67	Luís Martins	Individual	1995	/173	21				21

Σ=7

### Junior Men's Physique (-23anos) mais de 173 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	56	Bruno Matos	PitPower	1997	/186	3	3			3
2	55	Emanuel Pereira	Individual	1995	/174	6	6			6
3	57	Matheus Sampaio	Edgar Gomes	1997	/176	11	12			12
4	59	António Boa-Fé	Postiga	1995	/189,5	11	12			12
5	60	José Gonçalves	MV	1998	/173,5	14	13			13
6	61	Lucas Vieira	FitCanidelo	1997	/175,5	18	16			16
7	54	Paulo Alexandre Silva	Individual	1996	/180	21				
8	58	João Mateus	Postiga	2001	/182,5	24				

Σ=8

### Junior Women's Bikini-Fitness (-23 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	52	Cátia Lopes	Individual	1998	/159,8	3				3
2	48	Sofia Baptista	Edgar Gomes	1999	/160,6	6				6
3	49	Carina Pereira	MHD	1995	/158	10				10
4	53	Micaela Furtado	FitCanidelo	1995	/151,4	10				10
5	47	Ana Eduarda Pinto	Individual	1999	/150,5	14				14
6	50	Suelen Martins	Individual	1998	/163,5	18				18
7	51	Catarina Veloso	Individual	1998	/165	21				21

Σ=7

### Master Women's Bikini-Fitness Open (+35 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	62	Rafaela Ribeiro	Individual	1983	/160	4				4
2	63	Célia Ribeiro	Edgar Gomes	1977	/164,8	5				5
3	64	Lénia Dias	Individual	1978	/165	9				9

Σ=3

### OVERALL Junior Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	56	Bruno Matos	PitPower	1997	/	4				4
2	66	João Pedro Silva	FitCanidelo	2000	/	5				5

Σ=2

### Women's Bikini-Fitness até 158 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	79	Mariana Guerreiro	MHD	1993	/157,5	3	3			3
2	76	Carina Pereira	MHD	1995	/158	7	6			6
3	75	Ana Calixto	MHD	1985	/155	10	10			10
4	78	Micaela Furtado	FitCanidelo	1995	/153,2	10	11			11
5	73	Tânia Carvalheiro	Individual	1993	/157,5	13	15			15
6	77	Célia Araújo	Individual	1986	/144,5	18	16			16
7	74	Ana Eduarda Pinto	Individual	1999	/150,5	21				
8	72	Amanda Neves Oliveira	Edgar Gomes	1990	/157,5	24				

Σ=8

### Women's Bikini-Fitness até 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	103	Cátia Lopes	Individual	1998	/159,8	3				3
2	105	Cátia Silvério	Postiga	1989	/163,5	6				6
3	106	Daniela Ramos	FitCanidelo	1991	/163,5	10				10
4	102	Sofia Baptista	Edgar Gomes	1999	/160,6	11				11
5	101	Rafaela Ribeiro	Individual	1983	/160	15				15

Σ=5

### Women's Bikini-Fitness mais de 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	81	Paula Barbosa	Butcher	1990	/169,3	3	3			3
2	84	Rafaela Marques	MHD	1992	/165	6	6			6
3	83	Tatiana Freitas	Carlos Rebolo	1987	/170,5	11	11			11
4	82	Sol Brito	Individual	1988	/170,2	11	11			11
5	85	Diana Carvalho	Edgar Gomes	1991	/164,5	15	15			15
6	86	Célia Ribeiro	Edgar Gomes	1977	/164,8	18	17			17
7	80	Andreia Pereira	MV	1986	/178,5	22				
8	87	Catarina Veloso	Individual	1998	/165	24				
9	88	Lénia Dias	Individual	1978	/165	27				

Σ=9

### Muscular Men's Physique Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	89	Paulo San-Payo	ZM Muscle	1992	/174,5	5				5
2	91	Sérgio Rodrigues	Individual	1989	/169,4	6				6
3	90	Vítor Martins	Butcher	1986	/181	9				9
4	92	Tiago Lourenço	Individual	1990	/169,7	12				12

Σ=4

### Women's Wellness Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	95	Olena Starodubets	Individual	1991	/164,5	4				4
2	97	Maria Abreu	Edgar Gomes	1993	/163,5	6				6
3	96	Mafalda Granado	Individual	1992	/159,6	10				10
4	99	Ariane Lima	Individual	1992	/164,5	12				12
5	93	Elayne Gonçalves	Butcher	1987	/157	15				15
6	98	Maria Milheiras	Edgar Gomes	1973	/156,5	17				17
7	94	Maria Varejão	Artes Físicas	1959	/164,5	21				21

Σ=7

### OVERALL Women's Bikini-Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	103	Cátia Lopes	Individual	1998	/	4				4
2	81	Paula Barbosa	Butcher	1990	/	5				5
3	79	Mariana Guerreiro	MHD	1993	/	9				9

Σ=3

### Master Men's Culturismo Open (+40 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	137	Osvaldo Lopes	Individual	1977	72,1/	6	3			9
2	136	Virgílio Engrácio	Edgar Gomes	1973	82,5/	12	6			18
3	135	David Lucas	Veiga & Megacultus	1978	102,7/	18	9			27
4	134	Nuno Pinto	Individual	1978	75,8/175,5	24	12			36

Σ=4

### Men's Culturismo Clássico até 175 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	120	Marco Pereira	MHD		75,4/174	6	3			9
2	119	Paulo Diogo Silva	Individual	1988	72,5/171	14	8			22
3	118	Gonçalo Magano	Edgar Gomes	1995	63,9/165,5	22	9			31
4	116	André Tojeira	Jerónimo	1994	71/169	18	14			32
5	121	Christopher Fernandes	FitCanidelo	1991	74/173	26	13			39
6	117	Nuno Pinto	Individual	1978	75,8/175,5	36	18			54

Σ=6

### Men's Culturismo Clássico mais de 175 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x2	R3		Score
1	110	Nuno Rocha	Individual	1985	81,7/177	5	8	6		14
2	111	Rui Leitão	Butcher	1992	87,3/183	4	10	5		15
3	109	António Jesus	Edgar Gomes		90/181	10	20	10		30
4	108	Filipe Silveira	Butcher	1985	85,8/179	11	24	13		37
5	115	Alexandre Pinto	Edgar Gomes	1981	87,2/184,5	15	32	14		46
6	112	Pedro Monteiro	Individual	1991	82,8/180	19	32	17		49
7	113	Renato Conceição	MV	1990	80/178	22				
8	107	Marcelo Carneiro	Individual	1996	71/176	25				
9	114	Vitor Neves	MV	1995	89/185,5	25				

Σ=9

### OVERALL Men's Culturismo Clássico

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	120	Marco Pereira	MHD		/	3				3
2	110	Nuno Rocha	Individual	1985	/	6				6

Σ=2

### Men's Culturismo até 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	126	José Batista	Butcher	1988	78/	6	3			9
2	125	Rui Reis	Individual	1989	76,5/	12	6			18
3	137	Osvaldo Lopes	Individual		72,1/	18	9			27
4	123	Alberto Ferreira	Edgar Gomes		77,5/	24	12			36
5	100	Fábio Ferreira	Postiga		72,9/	32	17			49
6	122	David Paiva	Individual	1995	72,3/	34	17			51
7	124	Ivo Araújo	Individual	1993	78,2/	42	21			63

Σ=7

### Men's Culturismo mais de 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	128	Ricardo Costa	Edgar Gomes	1992	96,4/	8	5			13
2	132	Mauro Coelho	MHD	1988	85,3/	10	4			14
3	129	Duarte Aguiar	Individual	1979	91,4/	18	10			28
4	131	Paulo Terezan	Individual	1983	/83,1	24	12			36
5	133	Yuran Santos	Individual	1993	82,2/	30	15			45
6	127	Fábio Santos	PFN	1991	82,3/	36	18			54

$\Sigma=6$

### OVERALL Men's Culturismo

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	128	Ricardo Costa	Edgar Gomes	1992	/	3				3
2	126	José Batista	Butcher	1988	/	6				6

$\Sigma=2$