



OFFICIAL CONTEST RESULTS

Men's Physique até 170 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	8	Andrey Pereira	ZM Muscle	1997	/167,8	7	4			4
2	12	Gonçalo Estêvão	Postiga	1993	/166,8	6	7			7
3	10	Fábio Ferreira	Marcos Pereira & FitnessXXI	1990	/168	6	7			7
4	1	Hélder DelMonte	2K	1982	/165	9	12			12
5	3	Fábio Gonçalves	Postiga	1994	/168	16	15			15
6	9	Nelson Ferreira	FitCanidelo	1995	/165	16	16			16
7	6	Rafael Domingos	2K	1995	/168,2	22				
8	15	Leandro Cruz	2K	1986	/163,6	23				
9	7	Hélder Rodrigues	Individual	1997	/165,6	29				
10	14	Emanuel Oliveira	Individual	1991	/169,6	29				
11	4	Fábio Santos	2K	1992	/166,3	30				
12	13	David Jacinto	Butcher	1984	/170	38				
13	11	Roberto Pacheco	Marcos Pereira & FitnessXXI	1989	/170	39				
14	2	Vitor Ribeiro	Individual	1998	/168,5	43				
15	5	Ricardo Jesus	Edgar Gomes	1994	/169	44				

Σ=15

Men's Physique até 173 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	19	Rafael Bouça	Marcos Pereira & FitnessXXI	1993	/170,6	3	3			3
2	29	João Pereira	Individual	1998	/170,4	15	9			9
3	18	Luís Raimundo	2K	1986	/172,5	9	10			10
4	25	Rafael Moniz	Butcher	1990	/172,3	11	12			12
5	26	Elton Abreu	Carlos Rebolo	1992	/171	13	13			13
6	24	Diogo Garrudo	Individual	1993	/172,5	14	17			17
7	27	Isaac Almeida	Marcos Pereira & FitnessXXI	1999	/171,5	18				
8	17	Diogo Azevedo	Individual	1994	/172,2	28				
9	20	Loay Ismail	Individual	1976	/170,3	28				
10	30	Filipe Lopes	Postiga	1987	/172,6	28				
11	21	Paulo Gomes	Gym Porto D'Ave	1985	/173	36				
12	23	Nuno Santos	Postiga	1982	/171,5	37				
13	22	Luís Martins	Individual	1995	/173	37				
14	28	David Carvalho	Edgar Gomes	1989	/170,5	41				

Σ=14

Men's Physique até 176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	40	Evelino Rodrigues	Individual	1977	/173,5	3	3			3
2	43	Rafael Bogarthe	Postiga	1993	/174	9	8			8
3	41	Nelson Fernandes	Individual	1989	/173,5	9	9			9
4	35	Pedro Valente	Postiga	1975	/173,5	11	10			10
5	42	Tiago Pinto	Individual	1991	/175,6	21	15			15
6	34	Fábio Melo	2K	1986	/175,5	15	18			18
7	32	Luís Ruxa	Postiga	1985	/175	21				
8	37	Fábio Fuzeiro	Individual	1987	/174,3	24				
9	44	Bruno Castro	Marcos Pereira & FitnessXXI	1986	/175,5	26				
10	33	Matheus Sampaio	Edgar Gomes	1997	/176	30				
11	39	Filipe Pires	Metamorphosys Team	1989	/175,5	35				
12	38	Alexandre Pereira	Postiga	1984	/174	35				
13	36	Nuno Lima	Individual	1974	/175,5	38				

Σ=13

Men's Physique até 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	60	Ludgero Leal	Individual	1986	/177,5	3	3			3
2	57	Ricardo Oliveira	Postiga	1990	/177,4	9	9			9
3	53	José Pimenta	Individual	1995	/178,4	10	10			10
4	51	Joaquim Teixeira	MHD	1991	/176,5	13	13			13
5	48	Bruno Domingos	Individual	1981	/176,6	14	13			13
6	52	Pedro Almeida	FitCanidelo	1994	/176,1	20	18			18
7	58	Márcio Leão	Edgar Gomes	1990	/179	21				
8	56	Rodrigo Duarte	2K	1994	/178,5	24				
9	54	Cláudio Teixeira	Individual	1999	/176,5	25				
10	49	Paulo Gonçalves	Metamorphosys Team	1978	/178,3	31				
11	47	Daniel Moraes	Gym Porto D'Ave	1976	/176,7	34				
12	59	Miguel Gomes	Individual	1995	/177	34				
13	50	Nuno Dias	Individual	1989	/177,4	40				
14	46	João Carlos Costa	Individual	1994	/176,8	40				

Σ=14

Men's Physique mais de 179 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	68	João Marques	ZM Muscle	1994	/180	4	4			4
2	67	André Pereira	Butcher	1991	/183,3	6	5			5
3	64	Jorge Tavares	2K	1987	/180	10	11			11
4	65	António Garcias	Edgar Gomes	1985	/182,7	12	12			12
5	69	Bruno Matos	PitPower	1997	/186	12	14			14
6	71	Fábio Ferreira	Butcher	1990	/186,6	18	17			17
7	73	Luís Matos	Individual	1998	/179,2	21				
8	72	Juan Gonzalez	Carlos Rebolo	1983	/180,5	26				
9	62	Leonel Segurado	Metamorphosys Team	1990	/180,8	27				
10	70	Rafael Martins	Edgar Gomes	1984	/181	32				
11	66	Francisco Freire	Individual	1981	/179,5	33				
12	63	João Carvalho	Marcos Pereira & FitnessXXI	1992	/187,2	34				

Σ=12

OVERALL Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	60	Ludgero Leal	Individual	1986	/	5				5
2	40	Evelino Rodrigues	Individual	1977	/	6				6
3	68	João Marques	ZM Muscle	1994	/	9				9
4	19	Rafael Bouça	Marcos Pereira & FitnessXXI	1993	/	12				12
5	8	Andrey Pereira	ZM Muscle	1997	/	15				15

Σ=5

Muscular Men's Physique Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	55	Pedro Bianchi	ZM Muscle	1988	/178	3	3			3
2	80	João Sousa	2K	1993	/177,5	6	6			6
3	82	Sérgio Rodrigues	Individual	1989	/169,4	10	10			10
4	79	Vítor Martins	Butcher	1986	/181	11	10			10
5	77	Tiago Lourenço	Individual	1990	/169,7	15	16			16
6	78	Diogo Godinho	Individual	1988	/175,8	19	17			17
7	75	David Escourido	Edgar Gomes	1987	/181,7	20				
8	76	Bruno Falcão	Individual	1991	/187	24				
9	83	Carlos Moura	Gym Box	1991	/181,5	27				
10	81	Luís Pereira	Individual	1984	/178,8	30				

Σ=10

Master Men's Physique Open (+40 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	85	Evelino Rodrigues	Individual	1977	/173,5	3				3
2	89	Emanuel Iria	Individual	1978	/168	6				6
3	87	Loay Ismail	Individual	1976	/170,3	9				9
4	91	Daniel Moraes	Gym Porto D'Ave	1976	/176,7	13				13
5	88	Cláudio Santos	Individual	1977	/177,2	13				13
6	86	Nuno Lima	Individual	1974	/175,5	18				18
DNC	90	Pedro Valente	Postiga	1975	/173,5					

Σ=7

Junior Men's Physique até 176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	102	Andrey Pereira	ZM Muscle	1997	/167,8	3	3			3
2	98	João Pereira	Individual	1998	/170,4	6	6			6
3	100	Isaac Almeida	Marcos Pereira & FitnessXXI	1999	/171,5	12	11			11
4	93	Hélder Rodrigues	Individual	1997	/165,6	12	13			13
5	94	Rafael Domingos	2K	1995	/168,2	13	14			14
6	99	Nelson Ferreira	FitCanidelo	1995	/165	18	16			16
7	96	Matheus Sampaio	Edgar Gomes	1997	/176	23				
8	103	Pierre Cabral	Individual	1996	/173,7	23				
9	95	Rodrigo Ramos	Postiga	1996	/173,6	27				
10	97	Vitor Ribeiro	Individual	1998	/168,5	30				
11	101	Luís Martins	Individual	1995	/173	31				

Σ=11

Junior Men's Physique mais de 176 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	105	José Pimenta	Individual	1995	/178,4	3				3
2	104	Bruno Matos	PitPower	1997	/186	6				6
3	108	Luís Matos	Individual	1998	/179,2	10				10
4	109	Rui Ferreira	Individual	1998	/179,8	12				12
5	111	Miguel Gomes	Individual	1995	/177	13				13
6	110	João Pedro Costa	Individual	1998	/179	18				18
DNC	107	Cláudio Teixeira	Individual	1999	/176,5					

Σ=7

OVERALL Junior Men's Physique

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	102	Andrey Pereira	ZM Muscle	1997	/	3				3
2	105	José Pimenta	Individual	1995	/	6				6

Σ=2

Women's Bikini-Fitness até 160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	31	Raquel Silva	Individual	1991	/153,5	5	4			4
2	16	Ana Torres	MHD	1990	/158,6	5	6			6
3	45	Carla Lopes	Carlos Rebolo	1980	/156,7	11	9			9
4	113	Ana Barroso	Gym Box	1993	/158,5	14	13			13
5	117	Ana Calixto	MHD	1985	/155	16	15			15
6	112	Carina Pereira	MHD	1995	/158	14	17			17
7	74	Lidiane Martins	Individual	1988	/156	24				
8	61	Vânia Doellinger	Butcher	1987	/156	25				
9	115	Patrícia Cruz	Individual	1987	/160	27				
10	114	Andreia Sousa	Individual	1994	/154,3	31				
11	116	Bruna Silva	Individual	1993	/151,4	33				
12	106	Ana Rodrigues	Individual	1979	/152,2	35				
13	92	Tânia Lima	Individual	1976	/155,2	37				

Σ=13

Women's Bikini-Fitness até 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	120	Cátia Silvério	Postiga	1989	/163,5	3				3
2	121	Sofia Pereira	Individual	2001	/161,1	6				6
3	122	Daniela Ramos	Individual	1991	/163,5	10				10
4	118	Raquel Barros	Individual	1988	/162,5	13				13
5	123	Adriana Roque	Butcher	1994	/162,4	13				13
6	124	Sofia Ferreira	Individual	1984	/161	18				18
7	119	Regina Cerqueira	Individual	1992	/163,5	21				21

Σ=7

Women's Bikini-Fitness mais de 164 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	127	Diana Pinto	FitCanidelo	1988	/165,2	7	4			4
2	130	Rafaela Marques	MHD	1992	/165	5	6			6
3	125	Tatiana Freitas	Carlos Rebolo	1987	/170,5	8	9			9
4	126	Diana Carvalho	Edgar Gomes	1991	/164,5	10	12			12
5	129	Célia Ribeiro	Edgar Gomes	1977	/164,8	14	13			13
6	133	Maria Canha	Individual	1991	/171,4	20	18			18
7	131	Catarina Veloso	Individual	1998	/165	21				
8	132	Patrycja Aleksandruk	Gym Box	1990	/174,5	23				
9	128	Lénia Dias	Individual	1978	/165	26				

Σ=9

OVERALL Women's Bikini-Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	127	Diana Pinto	FitCanidelo	1988	/	4				4
2	120	Cátia Silvério	Postiga	1989	/	6				6
3	31	Raquel Silva	Individual	1991	/	7				7

Σ=3

Women's Bodyfitness Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	134	Susana Oliveira	Edgar Gomes	1988	/162,2	3				3
2	136	Ana Fernandes	2K	1984	/152	8				8
3	138	Cristiana Rodrigues	PitPower	1975	/161,4	8				8
4	139	Ângela Lopes	Gym Box	1990	/164,6	10				10
5	137	Carla Victória	Individual	1973	/160,1	15				15
6	135	Sónia Silva	Butcher	1976	/164,4	18				18

Σ=6

Master Women's Bikini-Fitness Open (+35 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	45	Carla Lopes	Carlos Rebolo	1980	/156,7	3				3
2	129	Célia Ribeiro	Edgar Gomes	1977	/164,8	6				6
3	106	Ana Rodrigues	Individual	1979	/152,2	10				10
4	128	Lénia Dias	Individual	1978	/165	12				12
5	92	Tânia Lima	Individual	1976	/155,2	13				13

Σ=5

Junior Women's Bikini-Fitness Open (-23 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	112	Carina Pereira	MHD	1995	/158	3				3
2	121	Sofia Pereira	Individual	2001	/161,1	6				6
3	131	Catarina Veloso	Individual	1998	/165	9				9

Σ=3

Women's Wellness-Fitness até 160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	147	Raquel Teixeira	Gym Box	1992	/154,5	7	4			4
2	143	Vanessa Baptista	Individual	1989	/160	5	7			7
3	144	Ana Reis	2K	1989	/155,6	11	10			10
4	145	Carla Miranda	Individual	1977	/160	13	12			12
5	84	Joana Costa	Butcher	1984	/156,1	13	15			15
6	141	Mafalda Granado	Metamorphosys Team	1992	/159,6	16	16			16
7	146	Liliana Gomes	Individual	1984	/156	21				
8	199	Lénia Fernandes	Individual	1994	/156,7	24				
9	142	Cláudia Duque	Individual	1982	/150	27				
10	140	Francislaine Silva	Individual	1989	/158,2	28				

Σ=10

Women's Wellness-Fitness mais de 160 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2			Score
1	157	Olena Starodubets	Individual	1991	/164,5	4	5			5
2	155	Tânia Miller	Butcher	1981	/162,5	6	6			6
3	151	Catarina Patronillo	Individual	1990	/168	12	11			11
4	152	Maria Abreu	Edgar Gomes	1993	/163,5	11	12			12
5	153	Vitória Almeida	2K	1989	/178	15	14			14
6	156	Cristina Barbosa	ZM Muscle	1987	/162,7	19	17			17
7	150	Monique Aliáis	Individual	1988	/161,3	21				
8	154	Jussara Correa	ZM Muscle	1981	/167	23				
9	149	Diana Oliveira	Gym Box	1991	/160,5	27				

Σ=9

Men's Culturismo Clássico até 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	159	Marcus Santos	Butcher	1983	82,3/177,1	6	3			9
2	163	André Tojeira	Jerónimo	1994	66/168,6	12	6			18
3	161	António Jesus	Edgar Gomes	1981	/179	18	9			27
4	164	Júlio Silva	Individual	1982	82,2/177	24	15			39
5	162	Pedro Maldonado	Postiga	1995	63,9/166,1	28	12			40
6	158	Cristiano Alba	2K	1990	82,1/176,5	38	20			58
7	160	Filipe Silveira	Butcher	1985	86/179	40	18			58

Σ=7

Men's Culturismo Clássico mais de 180 cm

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	167	André Rebolo	Carlos Rebolo	1992	88/182,3	6	3			9
2	169	Danilo Chaves	Edgar Gomes	1983	91/184	14	6			20
3	168	Rui Leitão	Butcher	1992	90,8/183,4	16	9			25
4	165	Luís Teixeira	Carlos Rebolo	1993	77,8/180,5	24	12			36
5	166	Alexandre Pinto	Edgar Gomes	1981	91,5/185	30	15			45

Σ=5

OVERALL Women's Wellness-Fitness

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	157	Olena Starodubets	Individual	1991	/	3				3
2	147	Raquel Teixeira	Gym Box	1992	/	6				6

Σ=2

OVERALL Men's Culturismo Clássico

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	167	André Rebolo	Carlos Rebolo	1992	/	3				3
2	159	Marcus Santos	Butcher	1983	/	6				6

Σ=2

Master Men's Culturismo Open (+40 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	171	Marco Vigário	ZM Muscle	1976	71,8/	6	3			9
2	188	Jorge Lopes	PFN	1975	86,4/	12	6			18
3	198	Telmo Cunha	Marcos Pereira & FitnessXXI	1971	85,4/	20	9			29
4	195	Josué Sousa	Butcher	1972	67,1/168,7	24	12			36
5	175	Manuel Teixeira	Individual	1974	64,8/	24	15			39

Σ=5

Junior Men's Culturismo Open (-23 anos)

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	170	Filipe Godinho	Jerónimo	1996	68,8/	6	3			9
2	191	Ricardo Lourenço	Edgar Gomes	1995	83,4/	12	6			18

Σ=2

Men's Classic Physique Open

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x2	R3		Score
1	167	André Rebolo	Carlos Rebolo	1992	88/182,3	3	6	4		10
2	163	André Tojeira	Jerónimo	1994	66/168,6	7	12	9		21
3	165	Luís Teixeira	Carlos Rebolo	1993	77,8/180,5	8	18	9		27
4	162	Pedro Maldonado	Postiga	1995	63,9/166,1	14	26	11		37
5	164	Júlio Silva	Individual	1982	82,2/177	13	28	14		42
6	196	João Rebelo	Butcher	1986	81/177	18	36	17		53
7	197	Michel Viveiros	2K	1984	84,4/178,5	21				
8	195	Josué Sousa	Butcher	1972	67,1/168,7	24				
9	160	Filipe Silveira	Butcher	1985	86/179	27				

Σ=9

Men's Culturismo até 75 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x2	R3		Score
1	170	Filipe Godinho	Jerónimo	1996	68,8/	3	6	3		9
2	178	Arlindo Gonçalves	2K	1983	73,8/	6	12	7		19
3	171	Marco Vigário	ZM Muscle	1976	71,8/	9	20	11		31
4	174	Miroslav Stoyanov	MHD	1991	73,6/	14	26	11		37
5	173	José Costa	Gym Porto D'Ave	1982	73,6/	14	28	14		42
6	172	Pedro Guerreiro	Individual	1982	59,8/	19	36	18		54
7	176	Luís Manuel Martins	Edgar Gomes	1990	63,1/160,9	22				
8	175	Manuel Teixeira	Individual	1974	64,8/	23				
9	177	Diogo Leal	Edgar Gomes	1988	65,1/164,6	27				

Σ=9

Men's Culturismo até 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1x2	R2			Score
1	182	José Batista	Butcher	1988	78,1/	8	6			14
2	181	Nelson Castro Ferreira	Gym Box	1981	77,7/	10	4			14
3	183	André Ferreira	Edgar Gomes	1994	79,8/	18	10			28
4	186	Alberto Ferreira	Edgar Gomes	1988	78,8/	24	13			37
5	185	Ivo Araújo	Gym Box	1993	77/	32	13			45
6	180	Tiago Ferreira	Individual	1990	75,3/	32	14			46
DNC	184	Rêne Santos	Individual	1981	78,8/170,5					

Σ=7

Men's Culturismo mais de 80 kg

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1	R2x2	R3		Score
1	187	Ricardo Costa	Edgar Gomes	1992	100/	3	6	3		9
2	193	Mauro Coelho	MHD	1988	83,1/	9	12	6		18
3	192	Duarte Aguiar	Individual	1979	89,3/	12	18	10		28
4	190	Sérgio Ferreira	Individual	1980	84,7/	15	24	11		35
5	188	Jorge Lopes	PFN	1975	86,4/	19	30	14		44
6	191	Ricardo Lourenço	Edgar Gomes	1995	83,4/	20	36	18		54
7	194	Sidney Persiguine	Individual	1981	87,3/	24				
DQ*	189	Rogério Barradas	2K	1982	84,7/	6	12	6		18

Σ=8

OVERALL Men's Culturismo

PLACE	No	NAME	COUNTRY	BORN	BW/ BH	R1				Score
1	187	Ricardo Costa	Edgar Gomes	1992	/	3				3
2	182	José Batista	Butcher	1988	/	6				6
3	170	Filipe Godinho	Jerónimo	1996	/	9				9

Σ=3